

**Questions? Please call
Renee Hyduk
989/539-7202**

**Hillside Lunch Menu
May 2009**

Station	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
	Tarragon Marinated Chicken Wild Rice Steamed Broccoli	Footlong Bar! Chili Cheese With all the fix ins'	Sweet and Sour Chicken White Rice Oriental Vegetables Fortune Cookies	Spaghetti w/Meatballs in Roma Sauce Dinner Roll* Creamy Coleslaw	Chicken* or Spicy Chicken on a Bun*
 Plain and Pepperoni Pizza on Wheat Crust Offered Daily	Reduced Fat Bosco Sticks With Marinara Dipping Sauce	Ham and Cheese Stromboli With Marinara Dipping Sauce	BLT Pizza	Veggie Lover's Pizza	Green Pepper, Onion and Sausage Pizza
 Fresh Made Deli Sandwiches	 Balanced Choices Meal: Chicken Salad Wrap Macaroni Salad Fresh Fruit 1% Milk	 Balanced Choices Meal: Neapolitan Hero w/Balsamic Vinaigrette, Vegetable Pasta Salad, Fresh Grapes, Low Fat Milk Choice	Spicy Chicken Wrap	Bistro Roast Wrap	Egg Salad Croissant
 Premium Entrée Salads Offered with Crackers	Deli Chef Salad Chicken Caesar Salad	Deli Chef Salad Fried Chicken Salad with Tortilla Chips Chicken Caesar Salad	Deli Chef Salad Taco Salad w/Tortilla Chips Chicken Caesar Salad	Deli Chef Taco Salad w/Tortilla Chips Salad Chicken Caesar Salad	Deli Chef Salad Cottage Cheese and Fruit Platter Chicken Caesar Salad

All Lunches Include: Choice of Entrée, Choice of Two Vegetable/Fruit Side Dishes, and Choice of Milk.
Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad, and Fresh Fruit
Low Fat Milk Choices Include: skim white milk, low fat (1%) white and chocolate milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE

The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to Secretary of Agriculture, Washington, D.C. 20250.

Products **d on this menu are made with whole grain.



Balanced Choices Meals are nutrient dense offerings that go beyond nutritional standards set forth by the National School Lunch Program. Each meal is designed to meet 1/3 of students' daily requirements for calories, Vitamins A & C, calcium, and iron and to provide no >30% of calories, no >10% calories from saturated fat, and no >1300 mg of sodium.